



אל אלהי הרוחות לכל בשר
O God, Spirit of all Humanity

Help us to not give into hopelessness and despair and to continue to dream and work toward the only true path forward, the path of coexistence for Israelis and Palestinians.

We pray for a cessation of the violence and the safe return of the remaining hostages.

Help us to acknowledge the destruction, trauma and devastation in Gaza,

To express the heartbreak for the tens of thousands of innocent Palestinians who have died—among them so many children,

For their lack of food, shelter and medical care, for the destruction of people's homes, for the millions of refugees the war has created.

We pray for our ability to hold in our hearts at the same time the suffering of Israelis and Palestinians.

We pray that we don't harden our hearts. We pray we preserve our humanity.

We pray for the future of both peoples on this land, for the acknowledgement of both peoples right to self determination and the freedom to live in justice and dignity.

וְיָשְׁבוּ אִישׁ תַּחַת גִּפְנוֹ וְתַחַת תְּאֵנָתוֹ וְאִין מִחְרִיד

So that every person might sit under their vine and fig tree and no one shall be afraid. (*Micah 4:4*)

ה' עֹז לְעַמּוֹ יִתֵּן ה' יְבָרֵךְ אֶת־עַמּוֹ בְּשָׁלוֹם:

May God grant strength to God's people; May God bless all of God's people with peace. (*Psalm 29:11*)

By Rabbis Felicia Sol and Roly Matalon, B'nai Jeshurun, NYC

B'NAI
JESHURUN